

JUST STAND UP!

Featuring Mariah, Beyoncé, Mary J. Blige, Rihanna, Fergie, Sheryl Crow, Melissa Etheridge, Natasha Bedingfield, Miley Cyrus, Leona Lewis, Carrie Underwood, Keyshia Cole, LeAnn Rimes, Ashanti, Ciara

Beyoncé: The heart is stronger than you think
It's like it can go through anything
And even when you think it can't it finds a way to still
push on, though

Carrie: Sometime you want to run away
Ain't got the patience for the pain
And if you don't believe it look into your heart
the beat goes on

Rihanna: I'm tellin' you
Things get better
Through whatever
If you fall, dust it off, don't let up

Sheryl: Don't you know you can go be your own miracle

Beyoncé: You need to know

CHORUS

Sheryl: If the mind keeps thinking you've had enough
But the heart keeps telling you don't give up

Sheryl/Beyoncé: Who are we to be questioning,
wondering what is what
Don't give up

THROUGH IT ALL, JUST STAND UP!

Fergie: It's like we all had better days
Problems getting all up in your face

Leona: Just because you go through it,

Fergie: don't mean it got to take control, no

Leona: You ain't gotta find no hiding place

Keyshia: Because the heart can beat the hate

Leona: Don't wanna let your mind keep playin' you

Keyshia: and sayin' you can't go on

Rihanna: I'm tellin' you

Miley: Things get better

Rihanna: Through

Miley: whatever

Rihanna: If you fall,

Miley: dust it off, don't let up

LeAnn: Don't you know you

Natasha: You can go

LeAnn: be your own

Natasha: miracle

Carrie: You need to know

Ensemble: CHORUS

If the mind keeps thinking you've had enough
Melissa: (ad libs) I've had enough

But the heart keeps telling you don't give up
Melissa: (ad libs) No, don't you give up

Who are we to be questioning, wondering what is what
Don't give up

Melissa: (ad libs) Don't give up! Just stand up!

THROUGH IT ALL, JUST STAND UP!
IF WE ALL, JUST STAND UP!

Mary: You don't gotta be a prisoner in your mind

Ciara: If you fall, dust it off

Mary: You can live your life

Rihanna/Carrie: Yeah

Mary: Let your heart be your guide

Rihanna/Carrie: Yeah Yeah Yeah

Mariah: And you will know that you're good
if you trust in the good

Ashanti: Everything will be alright, yeah
Light up the dark, if you follow your heart
Mary: And it will get better,

Mariah: through whatever

Ensemble: CHORUS

If the mind keeps thinking you've had enough
But the heart keeps telling you don't give up
Who are we to be questioning, wondering what is what
Don't give up

THROUGH IT ALL, JUST STAND UP!

Ensemble: CHORUS

If the mind keeps thinking you've had enough
But the heart keeps telling you don't give up
Who are we to be questioning, wondering what is what
Don't give up

THROUGH IT ALL, JUST STAND UP!

Fergie: You got in you, find it within
You got in now, find it within now
You got in you, find it within
You got in now, find it within now
You got in you, find it within
You got in now, find it within now
Find it within you, Find it within

Everyone: THROUGH IT ALL, JUST STAND UP!

